

SEASON: ___ Fall ___ Winter ___ Spring
SPORT: _____

HEALTH HISTORY UPDATE FOR INTERSCHOLASTIC &/ or INTRAMURAL PARTICIPATION

To participate on a school-sponsored interscholastic or intramural athletic team or squad, each student whose physical examination (HS Form #14C) was completed more than **90 days** prior to the first day of official practice **MUST** provide a **health history update questionnaire** (HS Form #14G) of medical issues experienced since last medical examination.

Must be completed and signed by the student's parent or guardian.

PRINT CLEARLY IN INK:

Student: _____ Grade/Section: _____ Student ID#: _____
(Last, First, Middle Initial)

Address: _____ Home Phone: (____) _____ - _____

Cell Phone: (____) _____ - _____ Date of last Medical Examination: ____/____/____ Male: ___ Female: ___

Since the last physical examination, has your child EXPERIENCED the following (please explain in detail any "YES" answers):

1. Been medically advised not to participate in a sport? Yes No
2. Sustained a concussion, been unconscious or lost memory from a blow to the head? Yes No
3. Broken a bone or sprained/strained/dislocated any muscle or joints? Yes No
4. Fainted or "blacked out?" Yes No
5. Experienced chest pains, shortness of breath or "racing heart?" Yes No
6. Has there been a recent history of fatigue and unusual tiredness? Yes No
7. Been hospitalized or had to go to the emergency room? Yes No
8. Since the last physical examination, has there been a sudden death in the family or has any member of the family under age 50 had a heart attack or "heart trouble?" Yes No
9. Started or stopped taking any over-the-counter or prescribed medications? Yes No

DATE

SIGNATURE of Parent/Guardian

PRINTED Name Parent/Guardian

ANY CHANGES IN STATUS MAY NEED CLEARANCE BY YOUR MEDICAL PROVIDER

PLEASE RETURN THIS FORM TO THE SCHOOL NURSE BY THE FOLLOWING DUE DATES:

July 14th Fall Sports
November 1st Winter Sports
February 1th Spring Sports

IMPORTANT: Forms returned AFTER due date, MAY NOT be cleared to participate PRIOR TO 1ST practice session